

Bristol based Parenting Courses 2018 Term 1 co-ordinated by the Families in Focus Parenting Team (FIFPT).

All courses are Free & Term Time Only (Unless otherwise stated)

Bristol Parents/Carers are welcome to attend a course in any area.

Courses in italics are delivered by other providers.

<http://www.bristol.gov.uk/page/children-and-young-people/parenting-courses-currently-running-bristol>

If you are concerned about the well-being of a child please contact the **First Response Team** 0117 903 6444

NORTH

Course	Venue	Dates/Times	Childcare available?
FIFPT delivered: Incredible Years For parents of children aged 3-10y with challenging behaviour	Horfield CE Primary School Bishop Manor Road Westbury-on-Trym BS10 5BD	Starts – Monday 10 th September *For 14 Weeks* Time – 09.30 -11.30am Contact – Gail Hunter: 07774573539	Crèche Available

Course	Venue	Dates/Times	Childcare available?
FIFPT delivered: Parents Plus Adolescents Programme (PPAP) For parents of children aged 10 - 17y	Woodstock School Rectory Gardens, Henbury BS10 7AH	Starts –Wednesday 12 th September *For 10 Weeks* Time – 9.30am-12.00pm Contact- Gail Hunter: 07774573539	By arrangement
Nurturing Programme <i>For parents of children aged 2-10y</i>	Sea Mills Children's Centre Riverleaze Sea Mills BS9 2HL	Starts – Tuesday 11th September *For 11 Weeks* Time – 1.00 – 3.00pm Contact – Bret Nega 0117 353 3520	Crèche Available
Nurturing Programme <i>For parents of children aged 2-5y</i>	Longcross Children's Centre Longcross Lawrence Weston BS11 0LP	Starts – Wednesday 19th September *For 11 Weeks* Time – 9.30 - 11.30am Contact – Alison Gutsall 0117 9030740	Crèche Available
Nurturing Programme <i>For Parents of children aged 2-10y</i>	Brentry and Henbury Children's Centre Brentry Lane Brentry BS10 6RG	Starts – Tuesday 9th October *For 11 Weeks* Time – 12.45 –2.45pm Contact- Anna Jenkins 0117 9593800 or 0117377259	Crèche Available

EAST CENTRAL

Course	Venue	Dates/Times	Childcare available?
FIFPT delivered: Incredible Years For parents of children aged 3 -10 with challenging behaviour	St Pauls Nursery School & Children's Centre Little Bishop Street St Pauls BS2 9JF	Starts - Friday 7 th September *For 14 Weeks* Time – 10.00am-12.30pm Contact- Chris Hardy 0117 3576460 / 07795091462 or Deb Davis 0117 3521499 / 07880179204	Crèche Available
FIFPT delivered: Parents Plus Adolescents Programme (PPAP) For parents of children aged 10 - 17y	Steiner Academy College Rd Fishponds BS16 2JP	Starts – Tuesday 2 nd October *For 10 weeks* Time - 9.30 -12pm Contact – Kauser Perveen 0117 3576460	By arrangement
Nurturing Programme with Islamic Perspective <i>For Mothers of children aged 2-12y</i>	East/Central Bristol Venue TBC	Starts- Tuesday 18 th September *For 11 Weeks* Time – 9.45am – 12.00pm Contact – Huma Shaikh 07949251020	Crèche Available
Rockabye <i>For parents of babies 5 weeks -8 months (pre-crawling)</i>	Bannerman Road Children Centre Bannerman Road Easton BS5 0RR	Starts- TBC *For 12 Weeks* Time – (TBC) Contact – Debbie Jones 0117 377 3189	No

Course	Venue	Dates/Times	Childcare available?
Nurturing Programme <i>For parents of children aged 2-12y</i>	St Anne's Park Children's Centre Lichfield Road, BS4 4BJ	Starts- Monday 24 th September *For 10 Weeks* Time – pm (TBC) Contact – 0117 377 3189	Crèche Available
Nurturing Programme <i>For under 8's</i>	The Limes Children's Centre Johnsons Road, BS5 9AT	Starts – Wednesday date TBC *For 10 Weeks* Time – am (TBC) Contact – 0117 903 0317	Crèche Available
Strengthening Families Strengthening Communities <i>For parents of children aged 2-12y</i>	Barton Hill Academy Queen Anne Rd Barton Hill BS5 9TX	Starts – Monday 17 th September *For 12 Weeks* Time- 9.00am-11.30am Contact- Sally Williams 0117 9556971	Crèche Available
Strengthening Families Strengthening Communities <i>For parents of children aged 2-12y</i>	Barton Hill Settlement 43 Dulcie Road Barton Hill BS5 0AX	Starts – Tuesday 18 th September *For 12 Weeks* Time – 9.30am – 12.00pm Contact – Sally Williams 0117 9556971	Crèche Available

SOUTH

Course	Venue	Dates/Times	Childcare available?
FIFPT delivered: Incredible Years For parents of children aged 3-10y with challenging behaviour	TBC	Starts – Wednesday 19 th September *For 14 Weeks* Time – 6.30 – 8.45pm Contact- Denise Quilty 0117 903 7770 or 0788 126 7126	No
FIFPT delivered: Incredible Years For parents of children aged 3-10y with challenging behaviour	Knowle West Children's Leinster Avenue Knowle West BS41NN	Starts – Thursday 6 th September *For 14 Weeks* Time – 12.30 – 2.45pm Contact- Saf Cooper or Vicky Collis 0117 903 7770	Crèche available
FIFPT delivered: Parents Plus Adolescents Programme For Parents of Children aged 10-17 years	Compass Point School South Street Bedminster BS3 3AU	Starts – Monday 17 th September *For 10 weeks* Time – 6.30 – 8.45pm Contact – Vicky Mundy 0117 903 7770	No

Course	Venue	Dates/Times	Childcare available?
Rockabye <i>For parents of babies 5 weeks -8 months (pre-crawling)</i>	Southern Links Children's Centre Whittock Road Stockwood BS14 8DQ	Starts- Monday 17 th September *For 10 Weeks* Time – (TBC) Contact – Donna Saunders 0117 353 3503	No
CAN Parenting <i>For parents of children aged 2-10y</i>	Southern Links Children's Centre Whittock Road Stockwood BS14 8DQ	Starts- Thursday 27 th September *For 4 Weeks* Time – 9.15 – 11.30am Contact – Donna Saunders 0117 353 3503	No

If you are uncertain about the most appropriate service to meet the needs of parents requiring parenting support, please contact your area parenting practitioner by phone or email.

If you would like parenting support for a child **under 2**, please contact your local Children's Centre.
This web tool will help you locate your nearest Centre:
<https://www.gov.uk/find-sure-start-childrens-centre>

FAMILIES IN FOCUS PARENTING TEAM (FIFPT)	AREA
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City Wide Parenting Supervisor

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City Wide

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Parenting Practitioners

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**Families in
Focus**

Autism Family Courses

NAS EarlyBird Programme (3 month course for Parents and Carers of children with a diagnosis of autism under 5 years)

Barnardo's Cygnet Course (7 sessions for Parents and Carers of children with a diagnosis of Autism aged 5-8 years)

The Teenage Life Autism Course (Parent information and Advice Course for Parents of Children ages 8-18 years)

These are just some of the courses available for Parents and Carers who have children with Autism.

For more details on any of the Autism Family Courses,

please contact:

Menai Gore, Family Courses – Business Support Officer from The Bristol Autism Team

Tel: 0117 9036700

Email: autismfamilycourses@bristol.gov.uk

**Think
Family**



The YARD Group for parents of Youths and Adolescents using Recreational Drugs (8 x 1½hr sessions fortnightly: information, guidance and practical advice to parents of children who are using drugs or alcohol *delivered by Bristol ROADS*)

for more details please contact:

Tel: 0117 916 6588

Email: family@dhi-services.org.uk

Online Parenting Courses /Advice and 1:1 Telephone Coaching

- **Family Lives -**

Confidential Helpline: 0808 800 2222 Web:

<http://www.familylives.org.uk/how-we-can-help/online-parenting-courses>

- **Parenting UK -**

Web: <http://www.parenting.co.uk/>

- **Netmums -**

Web: <http://www.netmums.com/parenting-support/parenting-advice/netmums-parenting-course-about-the-courses>

- **NSPCC -**

Tel: 0808 800 5000, Email: help@nspcc.org.uk or text 88858

- **Mindfulness for parents-**

<http://www.connectingwithmindfulness.co.uk/>

**Children &
Families**
PARTNERSHIP

