

Spring/Summer
2018

FREE

Super Hero school
meals for every
child in reception
and years 1 & 2

You could
save over
£389.00*
per child per year

We engage
with children
through fun
food activities.

Since September 2014, children
in reception and years 1 & 2 are
entitled to FREE school meals
through the Government's
'Universal Infant Free School
Meals' initiative. So who are we?
We're Chartwells and are
responsible for preparing your
children's tasty meals. We love
to help children discover and
learn about the food they eat,
where it comes from and how
it's prepared. It's great fun for
them and us!

Lovingly prepared,
tasty and nutritious
school meals.

We are proud
to have our own
team of registered
nutritionists.

If you would like to know more about our school meals please contact: Di
Thomas 01872 540544, email; Diana.Thomas@compass-group.co.uk

Food

Super Heroes

Menu


Chartwells
EAT LEARN LIVE

Week one

Monday

19/02 12/03 16/04 07/05 04/06 25/06 16/07 03/08 24/09 15/10

Choose a main meal...

Cheese & Tomato Pizza with Pasta Salad ✓
Mediterranean Summer Beans with Rice ✓

on the side...

Crunchy Salad
Peas

for dessert...

Wedges of Melon & Orange
Fresh Fruit Platter & Yoghurt

Tuesday

Choose a main meal...

Chicken Mayo Burger with Jacket Wedges
Vegetable Biryani ✓
Halal Chicken Mayo Burger with Jacket Wedges

on the side...

House Coleslaw
Sweetcorn

for dessert...

Mini Chocolate Brownie with Banana & Custard
Fresh Fruit Platter & Yoghurt

Wednesday

Choose a main meal...

Roast Pork with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy ✓
Roast Halal Chicken with Roast Potatoes & Gravy

on the side...

Seasonal Cabbage
Carrots

for dessert...

Blueberry Fro Yoghurt
Fresh Fruit Platter & Yoghurt

Thursday

Choose a main meal...

Mexican Beef Chilli & Rice
Macaroni, Sweetcorn & Cheese Bake
Halal Beef Chilli & Rice

on the side...

Broccoli
Cauliflower

for dessert...

Berry Flapjack
Fresh Fruit Platter & Yoghurt

Friday

Choose a main meal...

Crispy Fish & Chips
Veggie Hot Dog with Chips ✓

on the side...

Baked Beans
Peas

for dessert...

Orange Shortbread with Yoghurt Dippers
Fresh Fruit Platter & Yoghurt

Week two

26/02 19/03 23/04 14/05 11/06 02/07 23/07 10/08 01/09 22/10

Choose a main meal...

Mac 'N' Cheese ✓
Vegetarian Moussaka with Garlic & Herb Bread Wedge ✓

on the side...

Broccoli
Sweetcorn
for dessert...
Vanilla Ice Cream
Fresh Fruit Platter & Yoghurt

Choose a main meal...

Pork Sausages with Creamy Mash & Gravy
Vegetarian Sausages with Creamy Mash & Gravy ✓
Halal Chicken Sausages with Creamy Mash & Gravy

on the side...

Carrots
Seasonal Cabbage
for dessert...
Chocolate & Banana Mousse Pot
Fresh Fruit Platter & Yoghurt

Choose a main meal...

Roast Turkey with Roast Potatoes & Gravy
Cauliflower & Broccoli Cheese Bake with Roast Potatoes
Roast Halal Turkey with Roast Potatoes & Gravy

on the side...

Peas
Roasted Vegetables
for dessert...
Oatie Biscuit with Fruit Slices
Fresh Fruit Platter & Yoghurt

Choose a main meal...

Beef Keema Curry with Rice
Creamy Tomato & Basil Pasta ✓
Halal Beef Keema Curry with Rice

on the side...

Carrots
Green Beans
for dessert...
Carrot & Banana Slice with Custard

Choose a main meal...

Golden Fish Fingers & Chips
Bean Burger in a Bun with Chips ✓

on the side...

Baked Beans
Crunchy Coleslaw
for dessert...
Strawberry Jelly
Fresh Fruit Platter & Yoghurt

Week three

£2.05

05/03 09/04 30/04 21/05 18/06 09/07 17/08 08/10

Choose a main meal...

Cheesy Pizza Bianca with Jacket Wedges ✓
Vegetarian Bolognese with Pasta ✓

on the side...

Peas
Apple Slaw
for dessert...
Mango Fro Yoghurt
Fresh Fruit Platter & Yoghurt

Choose a main meal...

Creamy Chicken Curry with Rice
Quorn Frankfurter Pasta Bake ✓
Creamy Halal Chicken Curry with Rice

on the side...

Broccoli
Carrots
for dessert...
Peach Crumble with Custard
Fresh Fruit Platter & Yoghurt

Choose a main meal...

Roast Chicken with Roast Potatoes & Gravy
Country Vegetable Pie with Roast Potatoes & Gravy ✓
Roast Halal Chicken with Roast Potatoes & Gravy

on the side...

Seasonal Cabbage
Sweetcorn
for dessert...
Wedges of Pear, Apple & Orange
Fresh Fruit Platter & Yoghurt

Choose a main meal...

Beef Bolognese with Pasta
Mild Potato & Chickpea Curry with Rice ✓
Halal Beef Bolognese with Pasta

on the side...

Green Beans
Roast Mediterranean Veg
for dessert...
Chocolate and Gingerbread Bite
Fresh Fruit Platter & Yoghurt

Choose a main meal...

Crispy Salmon Fillet with Chips
Golden Fish Fingers with Chips
Sizzling Bean & Pepper Fajita with Chips

on the side...

Baked Beans
Peas
for dessert...
Strawberry Cheesecake
Fresh Fruit Platter & Yoghurt

Our chicken and milk are Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

ALL our bananas are FAIRTRADE

