

MONDAY

**Macaroni Cheese** ✓  
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

**Vegetarian Sausage Served with Mashed Potato & Gravy** ✓  
Fluffy mash with veggie sausages and rich gravy

TUESDAY

**Allegra's Garlicky Chicken and Spanish Spuds** ♥  
Garlic seasoned chicken served with spanish style potatoes

**Macaroni Cheese** ✓  
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

**Allegra's Halal Garlicky Chicken and Spanish Spuds**

WEDNESDAY

**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy

**Pastry Slice with Roast Potatoes and Gravy** ✓  
A chunky butternut squash and potato pastry slice

**Halal Roast Chicken with Roast Potatoes & Gravy**

THURSDAY

**Organic Beef Burrito** ♥  
A soft wrap filled with fresh beef

**Veggie Lasagne served with a Bread Wedge** ✓  
Delicious sheets of pasta layered with veggies and tomato sauce

**Halal Beef Burrito**

FRIDAY

**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips

**Soft Taco and Chips** ✓ ♥  
A soft taco shell filled with a yummy veggie tomato chilli

## HOT SPECIALS...

## DAILY FAVES...

WEEK 3

W/C: 06/09 27/09 18/10  
15/11 06/12 10/01  
31/01 28/02 21/03

## SIDES...

## PICK A PUD!

**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta** ✓  
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Carrots**

**Oatie Biscuit with Fruit Slices** 🍏

**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta** ✓  
Fresh, homemade tomato and basil sauce with penne pasta

**Sweetcorn and Broccoli**

**Pineapple & Peach Crumble with Custard** 🍏

**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta** ✓  
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage**

**Strawberry Ice Cream**

**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta** ✓  
Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn**

**Chocolate Sponge Cake**

**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta** ✓  
Fresh, homemade tomato and basil sauce with penne pasta

**Baked Beans and Peas**

**Crispy Snow Bar**

Try something different!

Trying different foods is a great way of getting all the nutrition your body needs

Chartwells

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£2.30

THREE WEEK MENU

AUTUMN/WINTER 21



TRY SOMETHING DIFFERENT - NEW TASTES &amp; FLAVOURS!

I'm here to Takeover your Tuesdays! My dishes contain new tastes and flavours to encourage your little ones to try something new. I hope they love them as much as I do!

Allegra McEvedy, Presenter of CBBC's Step Up to the Plate and Junior Bake Off.

Chartwells



## HOT SPECIALS...

## DAILY FAVES...

## WEEK 1

W/C: 13/09 04/10 01/11  
22/11 13/12 17/01  
07/02 07/03 28/03

MONDAY

**Macaroni Cheese**   
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

**Burrito**   
A soft wrap filled with lightly spiced veggies and rice

TUESDAY

**Allegra's Chicken Filo Pie with Mashed Potato**  
A delicious light filo pastry topped chicken pie

**Allegra's BBQ Beans served with Cornbread**   
Tasty BBQ beans served with Cornbread

**Allegra's Halal Chicken Filo Pie with Mashed Potato**

WEDNESDAY

**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy

**Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy**   
A chunky sweet potato and chickpea roast

**Halal Roast Chicken with Roast Potatoes & Gravy**

THURSDAY

**Organic Beef Bolognese**   
A classic Italian beef Bolognese in a yummy tomato sauce

**Quorn Hot Dog Served with Potato Wedges**   
Tasty Quorn hot dog with scrummy potato wedges

**Halal Beef Bolognese**

FRIDAY

**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips

**Meat-free Nuggets and Chips**   
Crispy Quorn nuggets with their fave sauce - ketchup


**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

## SIDES... PICK A PUD!

**Green Beans and Sweetcorn**

**Raspberry Ripple Ice Cream**

**Jacket Potatoes**  
A choice of hot and cold fillings, including salmon mayonnaise 

**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Broccoli**

**Brownie**

**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage**

**Shortbread Biscuit with Fresh Cut Fruit Slices** 

**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Sweetcorn**

**Berry & Peach Oaty Crumble with Custard** 

**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Baked Beans and Peas**

**Lemon Slice**


## HOT SPECIALS...

## DAILY FAVES...

## WEEK 2

W/C: 30/08 20/09 11/10  
08/11 29/11 03/01  
24/01 14/02 14/03  
04/04


MONDAY

**Cheese and Tomato Pizza with Dough Balls**   
Cheesy tomato topped pizza slice

**Veggie Bolognese**   
Yummy veggie Bolognese with pasta

TUESDAY

**Allegra's Chicken Katsu with a Rice Side**   
Yummy crispy Chicken Katsu with rice

**Allegra's Oodles of Noodles**   
Delicious noodles with tofu and veggies

**Allegra's Halal Chicken Katsu with a Rice Side**

WEDNESDAY

**Prime Roast Beef with Roast Potatoes & Gravy**  
Prime roast beef with fluffy roasties and tasty gravy

**Creamy Vegetable Pie with Roast Potatoes and Gravy**   
Creamy vegetable pie with a cheesy shortcrust topper

**Halal Roast Beef with Roast Potatoes & Gravy**

THURSDAY


**Organic Cottage Pie**  
A classic cottage pie with veg and gravy

**Mild Chickpea and Potato Curry**   
A tasty mild chickpea and potato curry


**Halal Cottage Pie**

FRIDAY

**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips

**The Incredible Burger**   
Meatless burger in a soft bap

**Jacket Potatoes**  
A choice of hot and cold fillings


**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

## SIDES... PICK A PUD!

**Peas and Sweetcorn**

**Flapjack with Fruit Slices** 


**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Peas**

**Peach Shortbread Pudding & Custard** 


**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Cabbage and Carrots**

**Raspberry Yoghurt Cake**

**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn**

**Fruity Chocolate Brownie**

**Jacket Potatoes**  
A choice of hot and cold fillings

**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Baked Beans**

**Vanilla Ice Cream**

Try something different!

Trying different foods is a great way of getting all the nutrition your body needs

 Vegetarian  Oily fish  
 Wholegrain  Fruity!  
 Nutritionist's Choice

Water, salad, freshly baked bread, yoghurt &amp; fresh fruit

Available every day!

