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| **Logo here****First name Surname’s ‘Behaviour Escalation Summary Chart’ (DD/MM/YY)** |
| **Behaviour****Scale:** | **Looks like and Feels like:*****(Pupil’s voice – parent/carer and key staff to contribute)*** | **Specific useful/ helpful strategies:** | **Approaches that have been unhelpful in the past:** |
| **7: Debrief**(Behaviours displayed during discussion about events **at a later date**) |  |  |  |
| **6: Depression**(Behaviours displayed post-incident when signs of remorse may be apparent) |  |  |  |
| **5: Recovery**(Behaviours displayed when starting to show signs of calming down/ self-regulation) |  |  |  |
| **4: Crisis**(Behaviours displayed during when maximum upset is apparent) |  |  |  |
| **3: Defensive**(Behaviours displayed during increase in unsettled behaviour) |  |  |  |
| **2: Anxious** (Behaviours displayed during initial signs of feeling unsettled) |  |  |  |
| **1: Happy and settled** |  |  |  |
| Please ensure a copy of this **Behaviour Escalation Summary Chart** is available to­­­­­­­­ **pupil’s name** and all the adults that work with him/her (**delete as applicable**) at home and in school.Talk to **First name** in terms of numbers on the scale: **‘You look really unsettled *First name. I think you’re at a three, What do we need to do/ how can I help you to get back to a one?’*** |
| **Hard copy** to go to home to the pupil’s **parents/carers** and **soft copy** to be saved to the school’s Staff Shared Drive by **Class Teacher. Class Teacher** to share with and brief allkey staff. |