



**St Bonaventure's Catholic Primary School  
Egerton Road,  
Bishopston  
Bristol,  
BS7 8HP**

## **Whole School Food Policy**

<b>Policy Owner</b>	Headteacher
<b>Governing Body Committee</b>	SLT
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This policy is available at  
<http://www.st-bonaventures.bristol.sch.uk/>



## **Introduction**

At St Bonaventure's we are committed to providing all our pupils with consistent messages about all aspects of healthy living to help them to understand the impact of particular behaviours and encourage them to take responsibility for the choices they make. This policy should be read alongside the school's PSHE, science and PE policies.

## **Rationale**

St. Bonaventure's strives to be a healthy school. It is important that we consider aspects of school life to ensure that we promote health awareness with all members of the school community through effective leadership, the school ethos and the curriculum, all school staff can bring together all elements of the school day to create an environment which support a healthy lifestyle.

## **Aims and Objectives**

- To ensure that all staff are giving consistent messages about food and healthy eating.
- To provide our pupils with the information they need to make healthy choices
- To promote health awareness
- To contribute to the healthy physical development of all members of our school community

## **Breakfast club**

We provide a paid breakfast club Monday to Friday from 7:50 – 8:30 which offers a wide range of breakfast options. This provision not only provides a nutritious meal but also reinforces the social benefits of sharing a meal.

## **Snack**

All our under 5s are entitled to free milk which is consumed during morning snack time. We take part in the School fruit and vegetable scheme which provides all Reception and KS1 pupils with free fruit and vegetables which they eat at morning break time. KS2 children are encouraged to bring fruit or an alternative healthy snack which they can eat at playtime.



### **School lunches and packed lunches**

Our school meals are provided by a contracted caterer who has a healthy food policy as part of their tender. This includes the use of fresh fruit and vegetables and access to bread. They provide a hot and cold option, both of which pay regard to nutritional balance and healthy options.

Many children bring packed lunch to school. We encourage parents to provide healthy options.

Pupils in receipt of free school meals are able to order a packed lunch to take on class trips. These need to be ordered in advance.

### **Water for all**

Water fountains are located throughout the school and pupils are encouraged to use these throughout the day. Children are also asked to bring in a refillable water bottle.

### **Food across the Curriculum**

Across the curriculum there are a number of opportunities for pupils in all year groups to develop knowledge and understanding of food, health, and nutrition including healthy eating patterns and practical skills that are needed to understand where food comes from. Our cross curricular approach to the curriculum means that pupils are likely to have increased opportunities to learn about food and health in a wide range of contexts. See Science and DT curriculum over view for details.

### **Partnership with parents and carers**

The partnership of home and school is critical in shaping how children and young people behave, particularly where health is concerned. Each must reinforce the other.

Parents and carers are regularly updated on our water and lunches information through the school newsletter and website. We ask parents not to send in carbonated drinks and we remind them that only water may be drunk during the school day, except at lunch when children may drink juice or squash.

During out of school events, e.g. school discos, fundraising activities etc, the school will encourage parents and carers to consider the Food Policy in the range of refreshments offered for sale to the children.

### **Identifying food allergies**

In the event of a child having a food allergy the following process would take place:

1. Parents of new starters are asked to complete a food allergy catering form if



appropriate to their child.

2. The completed form is shared with the catering company.
3. The catering company creates a menu for the child based on the information shared by parents.
4. The parents are asked to approve the menu which is then shared with the kitchen staff.
5. Information about pupils food allergies are recorded on Abor. Each day the kitchen staff receive a print-out highlighting the food allergies and the pupils requiring a different recipe.
6. All pupils with a food allergy have a health care plan. This is kept in their class medical file and is accessible to all first aid staff.

### **Feeding plans**

When a pupil requires a feeding plan we seek the support of the school nurse and/or the speech and language service. If a pupil starts/joins St Bonaventure's with a feeding plan in place we would review this in consultation with speech and language services, the pupil's parents and school staff responsible for supporting feeding.

### **Role of the Governors**

The local Governing committee monitor and check that the school policy is upheld and can also offer guidance where a member of the body has particular expertise in this area.

### **Monitoring and review**

The Principal is responsible for ensuring that the food served is in accordance with this policy. Key Stage Leaders and Subject Leaders are responsible for the curriculum development of the Food Policy. The Principal and PSHE Leader are responsible for supporting colleagues in the delivery of the Food Policy. The LA is responsible for ensuring the quality of the food offered as part of the contract with the caterer.

This policy will be reviewed every three years to take account of any new developments and the pupils on role.