

## **SIGNPOSTING: Early intervention and support available to our pupils and their families**

There is the range of service/support that can be accessed to support our pupils and their families. This list is not exhaustive.

<b>In school support</b>
<b>Emotionally available adults</b> We want all adults in school to be emotionally available to our pupils. This means adults will be grounding, fully present, able to hold space for pupils' feelings, are non judgemental or critical, will not be affected by the emotional tides of pupils and are able to mirror back and validate how the child feels.
<b>ELSA- Emotional literacy support</b> Lea is currently our trained ELSA. Any member of staff can refer a pupil for ELSA. Referral paperwork must be completed and is then triaged by Lea & Steph. Pupils usually receive a 6-8 weekly session.
<b>Play therapy</b> Den, Maddy & Charlotte currently provide play therapy. This is paid for by the school. Pupils can be added to the waiting list which is managed by Steph. Some children require long term play therapy others require a short block.
<b>TAF, Team around the family</b> This is usually initiated by the school or another agency working with the family. The focus of this is to ensure the whole family are receiving the most appropriate support. A meeting will take place in school with the family and all professionals involved with the family. The meeting will focus on what is going well, the concerns and what needs to happen next.

<b>Out of school support</b>
<b>School nurse</b> School staff can make a referral to the school nurse for the following:

Support packages (e.g. 4 weeks block of emotional support), assembly talks, health promotion group sessions with pupils (max 10 pupils), drop in sessions for parents/carers, health promotion session for parents/carers.

<http://sirona-cic.org.uk/children-services/services/school-nursing-service/>

**TAS- Team Around the School. [TASNorth@bristol.gov.uk](mailto:TASNorth@bristol.gov.uk)**

Any child can be referred to a TAS meeting. These need to be booked. Parents need to provide consent for this. Mapping paperwork must be completed in advance of the meeting. This is useful for signposting and early help. A FIF worker will set up a remote meeting and will provide signposting support based on the completed mapping paperwork.

**Families in Focus parenting referrals [Families in Focus: Citywide Parenting Programme Referral Form \(office.com\)](#)**

Parents can self refer or we can refer with their permission. This will allow access to parenting courses or in some cases more bespoke 1:1 support.

There is also a FIF advice line for professionals:

North 0117 3521499 [familiesinfocusnorth@bristol.gov.uk](mailto:familiesinfocusnorth@bristol.gov.uk)

**PMHS, Primary mental health service**

Class teachers can refer any child to the PMHS. This involves completing a referral form and submitting it in advance to the school allocated PMHS practitioner. HT submits the forms each term and a virtual meeting time is then allocated. These meetings usually last between 20-40 minutes. Parents need to agree to this but do not attend the meeting. Recommendations are then given. You cannot access CAMHS without having completed a PMHS referral first.

**Inclusion team, Included**

This is primarily early help for pupils who in the long term could be at risk of exclusion. The school can request to attend a surgery which takes place every three weeks. Meetings are virtual and a referral form must be completed beforehand and the referral accepted. There are criteria to meet. Outcomes include access to small group support, school mentoring, therapy.

**NorthStar**

Primarily we would seek support from Northstar when we had a pupil whose behaviour was difficult for us to manage.

A referral form is available via the NorthStar website. Parents need to be in

agreement with the referral.

<https://northstar-academy.co.uk/ns-outreach/#:~:text=If%20you%20would%20like%20to,%2Dacademy.co.uk>.

### **Young Carers**

Pupils can be referred to Bristol Carers for additional support outside of school.

Parents need to be in agreement with the referral.

<https://www.carerssupportcentre.org.uk/young-carers/making-a-referral/>

### **BeSafe**

Be Safe is a small multi-disciplinary team that works with children and young people who have engaged in problematic (PSB) or harmful sexual behaviour (HSB), their parents/carers and those supporting them.

<https://www.awp.nhs.uk/camhs/camhs-services/HSB-services/be-safe>

### **The Greenhouse**

The Greenhouse is a Bristol based organisation that provides advice and support to schools on sexual abuse. Their website contains lots of helpful resources.

<https://the-green-house.org.uk/articles-resources/schools-sexual-abuse-and-support-guidance/>