

FOOD FESTIVAL

By Aspens

TAKE YOUR CHILD'S IMAGINATION ON A FOOD JOURNEY WITH ASPENS

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu...

KNOWING WHERE YOUR FOOD COMES FROM

We take our responsibility of catering for today's children and young adults seriously. All of our dishes are prepared every day using quality, fresh and seasonal ingredients that are responsibly sourced. Our supply chain is traceable, so we can ensure the provenance of all produce.

Our dishes are created and served by experienced and enthusiastic staff. As well as ensuring the food on the plate is healthy, we want our customers to understand the importance of eating the right foods and help them with their food and nutrition journey.

WEEK 1

Our Great New Menu

FOOD FESTIVAL

WEEK 1
Autumn/Winter 2023/24
04/09/23, 22/09/23, 05/10/23, 09/10/23, 16/10/23, 23/10/23, 06/11/23, 13/11/23, 20/11/23, 27/11/23, 04/12/23, 11/12/23, 18/12/23, 25/12/23, 01/01/24, 08/01/24, 15/01/24

LUNCHTIME

PRIMARY

What impact has your meal had on planet Earth today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese and Tomato Pizza Slice with Wedges	Sweet Chilli Chicken Noodles	Roast Chicken, Stuffing, Skin on Roasties and Gravy	Moroccan Meatball Tagine and Rice	Golden Fish Fingers or Salmon Fingers and Chips
Baked Sweetcorn Fritters with Wedges	Hoisin Sticky Vegetable Noodles	Roasted Vegetable Strudel, Skin on Roasties and Gravy	Sweet Potato Tagine and Rice	Cheesy Bean Wrap with Chips
Cheese and Tomato Pizza Slice with Wedges	Sweet Chilli Chicken Noodles	Roast Chicken, Stuffing, Skin on Roasties and Gravy	Moroccan Meatball Tagine and Rice	Golden Fish Fingers or Salmon Fingers and Chips
Vegetable Sticks and Mixed Salad	Green Beans and Sweetcorn	Carrots and Cabbage	Mixed Savoy Cabbage, Peas and Beans	Peas and Baked Beans
Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
Butterfly Pastry Biscuits	Strawberry and Pineapple Jelly	Banana Bread and Custard	Apple Cinnamon Buns	Lemon Drizzle Cake

AVAILABLE ALL DAY

DAILY SALAD BOWL, PRECUT BANANA BREAD, YOGURT AND GUT PILLS

PASTA TWIRLER
TOPPED PASTA HOT TIPS TOPPED WITH TOMORROW TOMORROW SAUCE & CHEESE

FUN THEME DAYS

OUR FANTASTIC FOOD

We don't only create delicious favourite dishes from home and around the world, we make it fun!

We aim to make lunchtime the best time of the day and it definitely is when we hold one of our regular theme days! Planned to link in to the school calendar or seasonal healthy food initiatives, our staff may dress up and decorate the counter to serve something deliciously different on the menu - it's the stuff of great school food memories!



NOT JUST GREAT TASTING FOOD!

The food children eat at school plays an important role in their wellbeing and eating a well-balanced diet will not only maintain and improve their health but will also set them on the right track for later life.

We understand this and that's why we are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.



SPECIAL DIETS AND FOOD ALLERGIES!

Don't think that your child can't enjoy our great food if they have a special diet - this is an important part of our catering service. We can provide food if they have an intolerance, an allergy, or require an alternative choice due to religious beliefs.

Aspens already caters for lots of children with allergies, we have robust food safety procedures and our staff has regular allergen and food safety training. It is still important that parents talk to us so we can work together and continue to provide meals that are safe for their child to eat.

A blue and white graphic for a school meal promotion. It features a large rocket ship pointing upwards. To the left of the rocket, the text "HELP YOUR CHILD SOAR WITH A SCHOOL MEAL!" is written in a bold, sans-serif font. Below this, in smaller text, it says "And it could be FREE!! Check to see if your child is now eligible." Various educational icons are scattered around, including "ABC", a microscope, an apple, a book, a graduation cap, a DNA helix, and a test tube. At the bottom, there are three blue speech bubbles with white text. The first says "Ask at the office to find out more!". The second says "Save money, Save time, Save hassle.". The third says "All Reception, Year 1 and Year 2 meals are FREE!!". There is also a small starburst that says "Fuel your child with energy!".



For more information and to check if your child can get free school meals, even after year 2, please visit this website - www.gov.uk/apply-free-school-meals or scan the QR code on the left.

If eligible, not only will you be saving money, but you will also be giving your child a nutritionally balanced meal to fuel their bodies for the rest of their learning day.



CONTACT US

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